

CURRICULUM VITAE

PERSONAL PROFILE

Name: Masaud Ansari
Fathers' Name: Mr. Azahar Ansari
Date of Birth: 10/07/1991
Gender: Male
Marital Status: Single
Nationality: Indian
Language Known: English, Hindi, and Urdu



Email: **masaudazhar@gmail.com**

CORRESPONDING ADDRESS

C/o: Department of Psychology, Gandhi Mahavidyalaya
City: Orai, Jalaun
State: Uttar Pradesh
Pin: 285001
Country: India
Dial: +91 9621791122

PERMANENT ADDRESS

C/o: Near Gun Factory, Vill+Post Bahadurganj
City: Ghazipur
State: Utter Pradesh
Pin: 275201
Country: India
Dial: +91 9621791122

VIDWAN ID

Vidwan Id: 651897

Ph.D Topic

Self-efficacy, spiritual values and occupational stress as predictors of life satisfaction among school teachers

ACHIEVEMENT & AWARD(s)

1. **National Eligibility Test (NET) December-2014**
2. **Rajiv Gandhi National Fellowship for Students with Disabilities (JRF), (February-2015)**

EXPERIENCE(s)

1. Teaching (6 Years)

EDUCATIONAL QUALIFICATION

S.No.	Education	Board/University	Year
1	High School	U.P. Board	2004
2	Intermediate	U.P. Board	2007
3	B.A.	V.B.S.P.U. Jaunpur	2010
4	M.A.	AMU, Aligarh	2012
5	Ph.D	AMU, Aligarh	Awarded (25 th September, 2018)

ADDITIONAL QUALIFICATION

- Post Graduate Diploma in Guidance and Counseling (PGD-G&C-2015)
- Course on Computer Concepts (CCC-2013)
- Certificate in Computer Hardware and Networking Technology (CCHNT-2009)
- Diploma In Computer Application (DCA-2004)

PUBLICATIONS

1. Anam Zehra, & Ansari, M. (2025). The Paradox of Abundance: A Cognitive Load Perspective to Foster Deeper Learning, *INSPA JOURNAL OF APPLIED AND SCHOOL PSYCHOLOGY*, ISSN (3048-698X) print, RNI No. PONENG/2019/80436, UGC CARE Listed, April, 2025, Vol. VI, No.2, **DOI: 10.5281/zenodo.19512662**
2. Vijayshri, & Ansari, M. (2022). Smartphone Addiction Scale: Development and Validation. Published in *International Journal of Asia Pacific School Psychology*, July, 2022, Vol. 3, No.2, 152-158

3. Sharma, D. & Ansari, M. (2019). Evaluating the Moderating Effect of Teaching Experience on the Relationship between Mental Health and Job Satisfaction. *Research Review International Journal of Multidisciplinary*, ISSN: 2455-3085 (Online), Impact Factor 5.164 [SJIF] (Peer Reviewed Journal), 4(6), 994-998. DOI: **10.5281/zenodo.19512811**
4. Ansari, M., (2017). **Self-Efficacy and Spiritual Values as Predictors of Life Satisfaction among School Teachers**, Published in *the International Journal of Indian Psychology* (Peer-reviewed), ISSN 2348-5396 (e) | ISSN: 2349-3429 (p) Volume 4, Issue 4, DIP: 18.01.008/20170404, <http://www.ijip.in>, DOI: **10.5281/zenodo.19513026**
5. Ansari, M., (2017). **Teacher's Occupational Stress-Hindi Adaptation**. Published in *Asia Pacific Journal of Research (A Peer Reviewed Refereed International Journal)*, Volume Vol. 1 | Issue-LIII, ISSN: 2347-4793, pp: 111-116. www.apjor.com, DOI: **10.5281/zenodo.19513084**
6. Ansari, M., (2017). "Psychometrics and standardization of teacher's self-efficacy scale". Published in *International Journal of Advanced Research in Management and Social Sciences (Refereed Journal)*, Volume Vol. 6 | No. 1 | January 2017, ISSN: 2278-6236, Impact Factor: 6.284, www.garph.co.uk, DOI: **10.5281/zenodo.19512860**
7. Ansari, M., (2016). "Role of Spirituality on Mental Well-being among Adults". Published in *International Journal of Advanced Research in Management and Social Sciences (Refereed Journal)*, Volume Vol. 5 | No. 4 | April 2016, ISSN: 2278-6236, Impact Factor: 6.284, www.garph.co.uk, DOI: **10.5281/zenodo.19512902**
8. Ansari, M., (2016). **Role of Spirituality on Perfectionism**. Published in *International Journal of Advanced Research* (Peer-reviewed), Volume 4, Issue 5, 536-547, ISSN 2320-5407, Impact Factor: 5.336, www.journalijar.com, DOI: **10.5281/zenodo.19512969**
9. Ansari, M., (2015). **Self-Efficacy as a predictor of Life satisfaction among undergraduate students**. Published in *IJIP* (Peer-reviewed), Volume 2, Issue 2, No.1, ISSN 2348-5396, Paper ID: B00301V2I22015, Author ID: B00301V2I22015-MA01, Certificate No.: 2015:12-05, www.ijip.in, DOI: **10.5281/zenodo.19513054**

10. Ansari, M., (2015). Role of Emotional Maturity on Stress among Undergraduate Students. Published in *IJIP* (Peer-reviewed), Volume 2, Issue 2, No.2, ISSN 2348-5396, Paper ID: B00323V2I22015, Author ID: B00323V2I22015-MA01, Certificate No.: 505, www.ijip.in, DOI: 10.5281/zenodo.19512888
11. Ansari, M., (2015). Emotional Intelligence and Spiritual Well-Being as Predictors of Physical Health among Adults. Published in *The International Journal of Indian Psychology* (Peer-reviewed), ISSN 2348-5396 (e) | ISSN: 2349-3429 (p) Volume 3, Issue 1, No.9, DIP: C03153V3I12015 <http://www.ijip.in>, DOI: 10.5281/zenodo.19512762
12. Ansari, M., (2015). Influence of religiosity on wellbeing among literate and illiterate persons. Published in, *European Scientific Journal* (Peer-reviewed), Vol.11, No.35 ISSN: 1857 – 7881 (Print) e - ISSN 1857- 7431. DOI: 10.5281/zenodo.19512842
13. Ansari, M., (2014). “Subjective wellbeing, in relation to social support among post graduate students”. Has been accepted in International Conference on Well-being and Human Development, held on 24-26 of November 2014, Organized by Department of Psychology, AMU, Aligarh, and proceeding for publication.
14. Ansari, M., (2015). “Role of mental health on well-being among post graduate students”. Has been published in proceeding book of National Seminar on Mental Health, Religion and Culture: A Psychological Paradigm, held on 07-08 of March 2015, Sponsored by University Grants Commission, New Delhi. Organized by Department of Psychology, Government College Malerkotla, Punjab.

Book(s) Published

1. Sharma, D., and Ansari, M., (2020). *Mental Health: An essential Guide to Teachers and Students*, ISBN: 978-93-90115-17-4, Published by: ANU Books International Publication, New Delhi (Branches: Meerut and Glasgow U.K.), www.anubooks.com
2. Ansari, M. (2020). *Prawasi*, AkiNik Publications, New Delhi, India, www.akinik.com

PRESENTATIONS

1. Ansari, M., (2022). "Importance of Internet in Daily Life" presented in A Multidisciplinary National Conference (May 24-25, 2022) organized by Department of Psychology, APSM College, Barauni, Begusarai, Bihar
2. Ansari, M., (2022). "Social Media Uses and Teenagers Psychological Resilience" presented in A Multidisciplinary National Conference (May 24-25, 2022) organized by Department of Psychology, APSM College, Barauni, Begusarai, Bihar
3. Ansari, M., (2018). "Well-being as predictor of Mental Health among aging People" presented in International Conference on 'Mental Health for Sustainable Human Development, (March 24-25, 2018) Organized by Department of Psychology, Aligarh Muslim University, Aligarh, India.
4. Ansari, M., (2017). "Mental Health with Islamic Education" presented in International Conference on 'Nature, Methods and Applications', (November 26-27, 2017) Organized by India Islamic Cultural Center, New Delhi, India.
5. Ansari, M., (2017). "Teacher's Self Efficacy: An Exploratory Factor Analysis" presented in International Seminar on Data Analytics in Business Research and Social Sciences. The seminar was organized by Centre for Business Research and Entrepreneurial Development (CB-RED), GCBS, Bhutan on 29th September, 2017 at Geaddu College of Business Studies, Royal University of Bhutan-Bhutan
6. Ansari, M., (2017). "Self-efficacy and spiritual values as predictors of life satisfaction among school teachers" presented in National Conference on 'Professionalizing Psychology in Meeting Contemporary Needs and Challenges' (March 04-05, 2017). Organized By: Department of Psychology Aligarh Muslim University, Aligarh.
7. Ansari, M., (2015). "Role of Spirituality on Mental Well Being among Adults" presented in National Seminar on 'Yoga and Spirituality' (November 07-08, 2015). Organized By: Department of Psychology Aligarh Muslim University, Aligarh.
8. Ansari, M., (2015). "Role of Mental Health on Well-Being among Post Graduate Students" presented in 'National Seminar on Mental Health, Religion and Culture: A psychological Paradigm' held on 7th and 8th March (2015). Sponsored by University Grants Commission, New Delhi. Organized by Department of Psychology, Government College, Malerkotla, Punjab.

9. Ansari, M., (2014). "Influence of religiosity on wellbeing among literate and illiterate persons" presented in International Conference on Well-being and Human Development (November 24-26, 2014) Organized By: Department of Psychology Aligarh Muslim University, Aligarh. India sponsored by : ICSSR, New Delhi, India
10. Ansari, M., (2014). "Subjective wellbeing, in relation to social support among post graduate students" presented in International Conference on Well-being and Human Development (November 24-26, 2014) Organized By: Department of Psychology Aligarh Muslim University, Aligarh. India sponsored by : ICSSR, New Delhi, India

SEMINAR(s)

1. A National Seminar on Mental Health, Religion and Culture: A psychological Paradigm held on 7th and 8th March (2015). Sponsored by University Grants Commission, New Delhi. Organized by Department of Psychology, Government College, Malerkotla, Punjab.
2. A National Seminar on Yoga and Spirituality (November 07-08, 2015) Organized By: Department of Psychology Aligarh Muslim University, Aligarh.
3. International Seminar on Data Analytics in Business Research and Social Sciences. The seminar was organized by Centre for Business Research and Entrepreneurial Development (CB-RED), GCBS, Bhutan on 29th September, 2017 at Geaddu College of Business Studies, Royal University of Bhutan-Bhutan

WORKSHOP(s)

1. Two weeks Workshop on 'Research Methodology: Islamic Perspective'. From 27th January to 9th February, 2018. The Workshop was organized by Faculty of Social Science, Aligarh Muslim University, Aligarh.
2. International Workshop on Data Analytics in Business Research and Social Sciences. The Workshop was organized by Centre for Business Research and Entrepreneurial Development (CB-RED), GCBS, Bhutan From 22nd September to 29th September, 2017 at Geaddu College of Business Studies, Royal University of Bhutan, Bhutan
3. Workshop on 'Life Skills Development through Counselling' from 11 September to 17 September 2017, Organized by Student's Counselling Centre, Aligarh Muslim University, Aligarh

4. Short Term Course on 'Training Programme on Academic Leadership' (08 August 2017 to 14 August 2017)' Sponsored by 'Center for Academic: Leadership and Education Management, Under the Scheme of Pandit Madan Mohan Malaviya National Mission on Teachers and Training (PMMMNMTT)(MHRD, Govt. of India) UGC Human Resource Development Centre' Organized by Aligarh Muslim University, at Al-Barkaat Institute of Management Studies, Aligarh (U.P.).
5. One week workshop on 'Research Methodology (15 May to 21 May 2017)' Organized by Aligarh Muslim University Student's Union in collaboration with Maulana Azad Library, Aligarh Muslim University, Aligarh
6. Workshop on 'Interest Aptitude Screening Test and Parenting Programme' (15th and 16th April 2017). Organized by Department of Psychology, Aligarh Muslim University, Aligarh
7. Workshop on 'Data Analysis by Using SPSS' (20th March to 26th March 2017) organized by Department of Psychology, Aligarh Muslim University, Aligarh
8. Workshop on 'Research Methodology for Ph.D. students in Social Science (22 May to 28 May 2016)' Organized in collaboration with Coaching and Guidance Cell, Sir Syed Hall South and Department of Physical Education, Aligarh Muslim University, Aligarh
9. Workshop on 'Data Analysis by Using SPSS, (8th May to 14th May 2016) organized by Department of Psychology, Aligarh Muslim University, Aligarh
10. Workshop on 'Methods and Approaches in Labour Research' held at the V.V. Giri National Labour Institute (VVGNI), during February 2-13, 2015. Sector-24, NOIDA, (INDIA)
11. Workshop on 'Research Methodology for Ph.D. students in Social Science (15-24 June 2015)' Sponsored by ICSSR and organized by Faculty of Management Studies, Banaras Hindu University (BHU), Varanasi.

Standardization of Psychological Tools

1. Vijayshri and Ansari, M. (2019) Smart Phone Addiction Scale. National Psychological Corporation Agra. www.npcindia.com

2. Sharma, D. and Ansari, M. (2019). Study Habits Scale. National Psychological Corporation Agra. www.npcondia.com
3. Ansari, M., Khan, and Khan, (2017). Teacher's Self Efficacy Scale Developed and standardized. Published by: Prasad Psycho Corporation, 10 A, Veer Savarkar Block, Shakarpur, New Delhi-110092 [INDIA]. www.prasadpsycho.com
4. Ansari, M., Khan, and Khan, (2017). Teacher's Occupational Stress Scale Developed and standardized. Published by: Agra Psychological Research Cell, TiwariKothi, Belanganj, Agra-282004. www.aprc.co.in

Event(s)

1. Academic Integrity Event (anti-plagiarism) held on 25th April, 2016 at Maulana Azad Library, Aligarh Muslim University, Aligarh.
2. Organizes a workshop on 'Research Methodology for Ph.D students in Social Science (22 May to 28 may 2016)' Organized in collaboration with Coaching and Guidance Cell, Sir Syed Hall South and Department of Physical Education, Aligarh Muslim University, Aligarh.

Training Program(s)

1. NEP - 2020 Orientation and Sensitization Programme jointly organized by Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC) Assam and Gandhi Mahavidyalaya, Orai, Jalaun, U.P. during November 26 to December 04 2025.
2. Refresher Course, Title of Programme: Multiculturalism, UGC Sponsored, Organizing Institution: Malviya Mission – Teacher Training Centre, Maulana Azad National Urdu University, Hyderabad, from 07-07-2025 to 19-07-2025.
3. Orientation Programme (FIP), Title of Programme:, UGC Sponsored, Organizing Institution: Human Resource Development Centre (HRDC) Aligarh Muslim University, Aligarh, from 05-02-2024 to 11-03-2024.
4. NEP - 2020 Orientation Programme on the theme: Orientation and Sensitization under Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants

Commission (UGC) organized by the UGC Malaviya Mission Teacher Training Centre, Aligarh Muslim University, Aligarh from 02 April to 10 April 2024.

5. NEP - 2020 Orientation Programme on the theme: Orientation and Sensitization under Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC) organized by the UGC Malaviya Mission Teacher Training Centre, Assam University, Assam and Gandhi Mahavidyalaya, Orai from 26 November to 04 December 2025.

Reviewer in Journal(s)

1. Archives of Current Research International, Certificate No. PRACR1142379MAS, Academic Year: 2025-2026

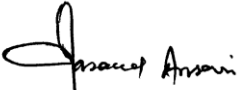
IDs

1. Vidwan-ID : 651897
2. Orcid ID: 0000-0002-3869-7523

DECLARATION

I hereby declare that the information given herewith is correct to the best of my knowledge and I will be responsible for any discrepancy.

C.V. Link : <https://sites.google.com/view/dr-masaud-ansari/home>


Dr. Masaud Ansari